

Dedham Community Farm

At Dedham Community Farm we offer Animal Facilitated Therapy combined with Occupational Therapy to clients of all ages in the community. It is well known that animals, nature and activity have a therapeutic value to humans which enables us to be restored to better health and well being by interacting with them on a regular basis.

We provide a variety of activities on the farm such as animal care, land management, woodwork, conservation, gardening, work experience and much more. We have a diverse client group covering mental health including adolescents, Autism, learning difficulties, people with depression. We also provide training placements for Occupational Therapy Students and young people on Alternative Education.

For further information please contact Gill De'ath on 01206 322070 or 07984 320347.

Further, we are always on the lookout for volunteers to help on the farm, so if you can spare a couple of hours a week and would be willing to lend a hand feeding the animals or general maintenance or helping with the paperwork, please ring Gill (number above) or Cath Hine on 07825 952560